

## Surgery Instructions

Surgery has been recommended and we understand this is an important decision to make. This is why we at Tejas Ear, Nose and Throat intend to make this a smooth process.

### Once Surgery is Recommended

1. As a courtesy, we will verify your insurance benefits for Dr. Tamez's services. We recommend that you call your insurance company to see if you will owe anything to the surgery facility and for anesthesia. **If you are quoted as owing anything for the surgery, we will need to collect that prior to the surgery being scheduled.**

A resourceful Web site where you can access for surgery information is [www.medlineplus.gov](http://www.medlineplus.gov).

2. Once we have you on the surgery schedule, the medical assistant will call you to confirm the surgery date and schedule a pre-op appointment to see Dr. Tamez a week prior. This pre-op is intended solely to discuss the procedure being recommended. This allows you to take the time from your initial visit to the pre-op visit to compile a list of questions or concerns you might have regarding the procedure. If a minor is recommended for surgery, **both parents must be present** for the pre-op appointment.
3. If it is recommended to have surgery at Round Rock Medical Center, you will need to call the surgery scheduler (Mary @ 341.6426) at the hospital to schedule a pre-op with them. This pre-op should be 2-3 days prior to the date of surgery. The hospital pre-op consists of:
  - a) Registering with the hospital – You will need to bring identification and insurance card.
  - b) Meeting with the admissions nurse – Bring a list of current medications, if any. The admissions nurse will take your medical history and give you pre-op instructions (arrival time, status, etc.). The nurse will contact anesthesia if necessary.
  - c) Testing – Blood work, x-rays, EKGs, etc.
4. The facility where the procedure will be performed will give you a call to confirm your surgery time and instruct you as to where to check in. Please note that these facilities will usually call you 1-2 days before the actual surgery date. If you **have not** received a call during that time frame or have questions, please call your chosen facility.

<b>Oakwood</b>	<b>Pre OP Department</b>	<b>246.8777 ext 249</b>
<b>Round Rock Medical Center</b>	<b>Admit Nurse, Kathleen</b>	<b>341.5297</b>
<b>Georgetown Health Care System</b>	<b>Admit Nurse, Ginger Brown</b>	<b>512.942.4502</b>

**PLEASE NOTE: We and/or surgery centers do have periodic changes in the schedule, causing rescheduling or canceling of a surgery at the last minute. Please be patient with us during this process.**

### Preparation for Surgery Once it is Scheduled

1. Do not eat or drink anything from 10 p.m. the day before surgery until after surgery, unless instructed otherwise. Only small sips of water with required medication are allowed.
2. Have someone accompany you to surgery so that they can drive you home.  
Note: Hospitals and surgery centers do not allow you to have outpatient surgery if a chaperone is not present.
3. **Remember to avoid Ibuprofen and aspirin products for ten days prior to surgery. These products cause excess bleeding. Acetaminophen/Tylenol are products okay to use.**